

Simplified TOPICOP*

Please check only one answer for each proposition

1. Topical corticosteroids pass into the bloodstream

not at all not really a little entirely I don't understand the question

2. Topical corticosteroids promote infections

not at all not really a little entirely I don't understand the question

3. Topical corticosteroids cause you to gain weight

not at all not really a little entirely I don't understand the question

4. Topical corticosteroids damage the skin

not at all not really a little entirely I don't understand the question

5. Topical corticosteroids affect your future health

not at all not really a little entirely I don't understand the question

6. Topical corticosteroids promote asthma

not at all not really a little entirely I don't understand the question

7. I'm afraid to put some on certain areas where the skin is thinner, like the eyelids

not at all not really a little entirely I don't understand the question

8. I don't know the side effects but I'm afraid of taking topical corticosteroids

not at all not really a little entirely I don't understand the question

9. I'm afraid of using too high a dose

not at all not really a little entirely I don't understand the question

10. I treat myself as late as possible

never sometimes often always I don't understand the question

11. I treat myself for as little time as possible

never sometimes often always I don't understand the question

12. I need to be reassured about topical corticosteroid treatment

not at all not really a little entirely I don't understand the question

*Questionnaire based on the publication: Moret L, Anthoine E, Aubert-Wastiaux H, Le Rhun A, Leux C, Mazereeuw-Hautier J, Stalder JF, Barbarot S. TOPICOP® : a new scale evaluating topical corticosteroid phobia among atopic dermatitis outpatients and their parents. PLoS One. 2013 Oct 16;8(10):e76493. doi: 10.1371/journal.pone.0076493.

