

# Simplified TOPICOP\*

*Please check only one answer for each proposition*

**1. Topical corticosteroids pass into the bloodstream**

not at all    not really    a little    entirely    I don't understand the question

**2. Topical corticosteroids promote infections**

not at all    not really    a little    entirely    I don't understand the question

**3. Topical corticosteroids cause you to gain weight**

not at all    not really    a little    entirely    I don't understand the question

**4. Topical corticosteroids damage the skin**

not at all    not really    a little    entirely    I don't understand the question

**5. Topical corticosteroids affect your future health**

not at all    not really    a little    entirely    I don't understand the question

**6. Topical corticosteroids promote asthma**

not at all    not really    a little    entirely    I don't understand the question

**7. I'm afraid to put some on certain areas where the skin is thinner, like the eyelids**

not at all    not really    a little    entirely    I don't understand the question

**8. I don't know the side effects but I'm afraid of taking topical corticosteroids**

not at all    not really    a little    entirely    I don't understand the question

**9. I'm afraid of using too high a dose**

not at all    not really    a little    entirely    I don't understand the question

**10. I treat myself as late as possible**

never    sometimes    often    always    I don't understand the question

**11. I treat myself for as little time as possible**

never    sometimes    often    always    I don't understand the question

**12. I need to be reassured about topical corticosteroid treatment**

not at all    not really    a little    entirely    I don't understand the question

\*Questionnaire based on the publication: Moret L, Anthoine E, Aubert-Wastiaux H, Le Rhun A, Leux C, Mazereeuw-Hautier J, Stalder JF, Barbarot S. TOPICOP® : a new scale evaluating topical corticosteroid phobia among atopic dermatitis outpatients and their parents. PLoS One. 2013 Oct 16;8(10):e76493. doi: 10.1371/journal.pone.0076493.